



Edmonton LRT — Frequencies & First / Last Trains

How often the Capital, Metro and Valley lines run, by time of day. Built from the Edmonton Transit Service (ETS) GTFS schedule. The LRT runs roughly 5 am–1 am daily; OWL night buses run after that.

Capital Line Clareview ↔ Century Park • 15 stations

WHEN	MON–FRI	SAT	SUN
Early morning 5:00–6:30 am	12 min	15 min	15 min
Morning rush 6:30–9:00 am	6 min	15 min	15 min
Midday 9:00 am–3:00 pm	10 min	10 min	10 min
Afternoon rush 3:00–8:00 pm	6 min	8 min	8 min
Evening 8:00–11:00 pm	8 min	8 min	8 min
Late night 11:00 pm–1:00 am	10 min	10 min	10 min

First / last train (weekday): Clareview: 5:13 am – 1:46 am • Century Park: 5:10 am – 1:31 am

Metro Line Health Sciences/Jubilee ↔ NAIT/Blatchford Market • 10 stations

WHEN	MON–FRI	SAT	SUN
Early morning 5:00–6:30 am	12 min	15 min	15 min
Morning rush 6:30–9:00 am	12 min	15 min	15 min
Midday 9:00 am–3:00 pm	15 min	15 min	15 min
Afternoon rush 3:00–8:00 pm	12 min	15 min	15 min
Evening 8:00–11:00 pm	15 min	15 min	15 min
Late night 11:00 pm–1:00 am	15 min	15 min	15 min

First / last train (weekday): Health Sciences/Jubilee: 5:25 am – 1:14 am • NAIT/Blatchford Market: 5:44 am – 12:56 am

Valley Line Mill Woods ↔ 102 Street • 12 stations

WHEN	MON–FRI	SAT	SUN
Early morning 5:00–6:30 am	8 min	10 min	15 min
Morning rush 6:30–9:00 am	5 min	10 min	15 min

WHEN	MON-FRI	SAT	SUN
Midday 9:00 am–3:00 pm	10 min	10 min	15 min
Afternoon rush 3:00–8:00 pm	5 min	10 min	15 min
Evening 8:00–11:00 pm	10 min	15 min	15 min
Late night 11:00 pm–1:00 am	15 min	15 min	15 min
First / last train (weekday): Mill Woods: 5:00 am – 1:37 am · 102 Street: 5:15 am – 1:32 am			

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